

# FUTURE LEGENDS U5 Coed (2020) 3v3... KINS

Germantown Legends Recreational Soccer (Division 4)

[www.GermantownLegendsSoccer.com](http://www.GermantownLegendsSoccer.com)

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... [GAMES.GermantownLegends.com](http://GAMES.GermantownLegends.com)

# LA LIGA (Spain)

1	U5 Almería - Borm	6	U5 ECS Gagnon
2	U5 Bayer Leverkusen - Cunningham - M	7	U5 ECS Payne
3	U5 Borussia Dortmund - _ - M	8	U5 ECS Ring
4	U5 Monchenglabach - Pennel - TH	9	U5 ECS Viner
5	U5 ECS Bailey	10	OPEN

When posting messages to social media, please use the hashtag #LegendsSoccer or 'tag' Germantown Legends Soccer

DATE	TIME	CLOYES	FIELD	WEEK	AWAY (White)	HOME (Green/ Dark)	
Week of August 12		REC Skills of the Week: PULLBACK, SIDEWAYS ROLL and TOE TAPS					
Week of August 19		REC Skills of the Week: REC Skills of the week: TICK TOCK and LA CROQUETA					
Wednesday, August 21, 2024	6:15 PM	Cloyes			REC New Parent Meeting		
Thursday, August 22, 2024	6:15 PM	Cloyes			REC Coaches' (& Managers) Meeting		
Saturday, August 24, 2024					SoccerFEST	SoccerFEST.GermantownLegends.com	
Monday, August 26, 2024					Team Practices begin		
Week of August 26		REC Skills of the Week: PULLBACK, SIDEWAYS ROLL, TOE TAPS, TICK TOCK and LA CROQUETA					
Wednesday, August 28, 2024		Cloyes			REC Skills Club*		
Week of September 2		REC Skills of the Week: MARADONA and the SQUIRT					
Wednesday, September 4, 2024		Cloyes			REC Skills Club*		
Week of September 9		REC Skills of the Week: INSIDE CUT (Turn) and OUTSIDE CHOP (Turn)					
Wednesday, September 11, 2024		Cloyes			REC Skills Club*		
Saturday, September 14, 2024	9:30 AM	Cloyes	1-A	1	C 2	U5 Bayer Leverkusen - Cunningham - M	
Saturday, September 14, 2024	9:30 AM	Cloyes	1-B	1	C 3	U5 Borussia Dortmund - _ - M	
Saturday, September 14, 2024	9:30 AM	Cloyes	1-C	1	C 4	U5 Monchenglabach - Pennel - TH	
Saturday, September 14, 2024	10:30 AM	Cloyes	1-A	1	C 9	U5 ECS Viner	
Saturday, September 14, 2024	12:30 PM	Cloyes	1-D	1	C 1	U5 Almería - Borm	
						U5 ECS Payne	
						U5 ECS Gagnon	
						U5 ECS Bailey	
						OPEN	
						U5 ECS Ring	
Week of September 16		REC Skills of the Week: CRUYFF (turn), ZIG ZAG and Intro to JUGGLING					
Wednesday, September 18, 2024		Cloyes				REC Skills Club*	
Saturday, September 21, 2024	9:30 AM	Cloyes	1-A	2	8	U5 ECS Ring	
Saturday, September 21, 2024	9:30 AM	Cloyes	1-B	2	5	U5 ECS Bailey	
Saturday, September 21, 2024	9:30 AM	Cloyes	1-C	2	6	U5 ECS Gagnon	
Saturday, September 21, 2024	10:30 AM	Cloyes	1-A	2	T 4	U5 Monchenglabach - Pennel - TH	
Saturday, September 21, 2024	12:30 PM	Cloyes	1-D	2	T 7	U5 ECS Payne	
						U5 ECS Viner	
						U5 Borussia Dortmund - _ - M	
						U5 Bayer Leverkusen - Cunningham - M	
						OPEN	
						U5 Almería - Borm	
Week of September 23		REC Skills of the Week: BACKWARDS 'L' and ROLL-OVER & PULLBACK					
Wednesday, September 25, 2024		Cloyes				REC Skills Club*	
Saturday, September 28, 2024	9:30 AM	Cloyes	1-A	3	C 2	U5 Bayer Leverkusen - Cunningham - M	
Saturday, September 28, 2024	9:30 AM	Cloyes	1-B	3	C 3	U5 Borussia Dortmund - _ - M	
Saturday, September 28, 2024	9:30 AM	Cloyes	1-C	3	C 4	U5 Monchenglabach - Pennel - TH	
Saturday, September 28, 2024	10:30 AM	Cloyes	1-A	3	C 5	U5 ECS Bailey	
Saturday, September 28, 2024	12:30 PM	Cloyes	1-D	3	C 1	U5 Almería - Borm	
						U5 ECS Viner	
						U5 ECS Ring	
						U5 ECS Payne	
						U5 ECS Gagnon	
						OPEN	
						U5 Almería - Borm	
Week of September 30		REC Skills of the Week: SIMPLE FAKE/ SHOULDER FEINT and MATTHEWS					
Wednesday, October 2, 2024		Cloyes				REC Skills Club*	
October 4-6 Silent Sideline Weekend							
Saturday, October 5, 2024	9:30 AM	Cloyes	1-A	4	T 8	U5 ECS Ring	
Saturday, October 5, 2024	9:30 AM	Cloyes	1-B	4	6	U5 ECS Gagnon	
Saturday, October 5, 2024	9:30 AM	Cloyes	1-C	4	7	U5 ECS Payne	
Saturday, October 5, 2024	10:30 AM	Cloyes	1-A	4	T 5	U5 ECS Bailey	
Saturday, October 5, 2024	12:30 PM	Cloyes	1-D	4	T 9	U5 ECS Viner	
						U5 Bayer Leverkusen - Cunningham - M	
						U5 Monchenglabach - Pennel - TH	
						U5 Borussia Dortmund - _ - M	
						OPEN	
						U5 Almería - Borm	
Week of October 7		REC Skills of the Week: Juggling					

DATE TIME CLOYES FIELD WEEK AWAY (White) HOME (Green/ Dark)

**Wednesday, October 9, 2024**

**NO REC Skills Club**

Monday, October 7, 2024	5:30 PM	Cloyes	1-A	5	6	U5 ECS Gagnon	7	U5 ECS Payne
Monday, October 7, 2024	5:30 PM	Cloyes	1-B	5	2	U5 Bayer Leverkusen - Cunningham - M	OPEN	
Monday, October 7, 2024	5:30 PM	Cloyes	1-C	5	4	U5 Monchenglabach - Pennel - TH	9	U5 ECS Viner
Monday, October 7, 2024	5:30 PM	Cloyes	1-D	5	5	U5 ECS Bailey	8	U5 ECS Ring
<b>Monday, October 7, 2024</b>	6:30 PM	Cloyes	1-B	5	2	U5 Bayer Leverkusen - Cunningham - M	OPEN	
<b>Tuesday, October 8, 2024</b>	6:30 PM	Cloyes	1-C	5	T 3	U5 Borussia Dortmund - _ - M	1	U5 Almería - Borm

October 14-18

GMSD Fall Break

**Wednesday, October 16, 2024**

**NO REC Skills Club**

**Saturday, October 19, 2024**

**SoccerFEST 2**

**Week of October 21**

REC Skills of the Week: SCISSORS and PUSKAS (V-turn)

**Wednesday, October 23, 2024**

Cloyes

**REC Skills Club\***

Saturday, October 26, 2024	9:30 AM	Cloyes	1-A	6	7	U5 ECS Payne	5	U5 ECS Bailey
Saturday, October 26, 2024	9:30 AM	Cloyes	1-B	6	8	U5 ECS Ring	4	U5 Monchenglabach - Pennel - TH
Saturday, October 26, 2024	9:30 AM	Cloyes	1-C	6	9	U5 ECS Viner	3	U5 Borussia Dortmund - _ - M
Saturday, October 26, 2024	10:30 AM	Cloyes	1-A	6	O OPEN		6	U5 ECS Gagnon
<b>Saturday, October 26, 2024</b>	12:30 PM	Cloyes	1-D	6	T 1	U5 Almería - Borm	2	U5 Bayer Leverkusen - Cunningham - M

**Week of October 28**

REC Skills of the Week: ELASTICO and DRAG & GO

**Wednesday, October 30, 2024**

Cloyes

**REC Skills Club\***

**Thursday, October 31, 2024**

**HALLOWEEN**

**November 1-3**

**Silent Sideline Weekend 2**

Saturday, November 2, 2024	9:30 AM	Cloyes	1-A	7	4	U5 Monchenglabach - Pennel - TH	2	U5 Bayer Leverkusen - Cunningham - M
<b>Saturday, November 2, 2024</b>	9:30 AM	Cloyes	1-B	7	T 7	U5 ECS Payne	8	U5 ECS Ring
Saturday, November 2, 2024	9:30 AM	Cloyes	1-C	7	6	U5 ECS Gagnon	9	U5 ECS Viner
<b>Saturday, November 2, 2024</b>	10:30 AM	Cloyes	1-A	7	T OPEN		3	U5 Borussia Dortmund - _ - M
<b>Saturday, November 2, 2024</b>	12:30 PM	Cloyes	1-D	7	T 5	U5 ECS Bailey	1	U5 Almería - Borm

**Week of November 4**

REC Skills of the Week: BEARDSLEY and STOP & GO

**Wednesday, November 6, 2024**

Cloyes

**REC Skills Club\***

Saturday, November 9, 2024	9:30 AM	Cloyes	1-A	8	8	U5 ECS Ring	6	U5 ECS Gagnon
Saturday, November 9, 2024	9:30 AM	Cloyes	1-B	8	9	U5 ECS Viner	5	U5 ECS Bailey
Saturday, November 9, 2024	9:30 AM	Cloyes	1-C	8	2	U5 Bayer Leverkusen - Cunningham - M	3	U5 Borussia Dortmund - _ - M
<b>Saturday, November 9, 2024</b>	10:30 PM	Cloyes	1-A	8	T OPEN		7	U5 ECS Payne
<b>Saturday, November 9, 2024</b>	12:30 PM	Cloyes	1-D	8	T 1	U5 Almería - Borm	4	U5 Monchenglabach - Pennel - TH

**Week of November 11**

REC Skills of the Week: PREKI and ZICO

**Wednesday, November 13, 2024**

Cloyes

**NO REC Skills Club\***

Monday, November 11, 2024	5:30 PM	Cloyes	1-A	9	8	U5 ECS Ring	OPEN	
Monday, November 11, 2024	5:30 PM	Cloyes	1-B	9	9	U5 ECS Viner	7	U5 ECS Payne
Monday, November 11, 2024	5:30 PM	Cloyes	1-C	9	2	U5 Bayer Leverkusen - Cunningham - M	5	U5 ECS Bailey
Monday, November 11, 2024	5:30 PM	Cloyes	1-D	9	3	U5 Borussia Dortmund - _ - M	4	U5 Monchenglabach - Pennel - TH
<b>Tuesday, November 12, 2024</b>	6:30 PM	Cloyes	1-D	9	T 1	U5 Almería - Borm	6	U5 ECS Gagnon

DATE	TIME	CLOYES	FIELD	WEEK		AWAY (White)		HOME (Green/ Dark)
Saturday, November 16, 2024	9:30 AM	Cloyes	1-A	10	7	U5 ECS Payne	2	U5 Bayer Leverkusen - Cunningham - M
Saturday, November 16, 2024	9:30 AM	Cloyes	1-B	10	6	U5 ECS Gagnon	3	U5 Borussia Dortmund - _ - M
Saturday, November 16, 2024	9:30 AM	Cloyes	1-C	10	5	U5 ECS Bailey	4	U5 Monchenglabach - Pennel - TH
Saturday, November 16, 2024	10:30 AM	Cloyes	1-A	10	OPEN		9	U5 ECS Viner
<b>Saturday, November 16, 2024</b>	<b>12:30 PM</b>	Cloyes	<b>1-D</b>	<b>10</b>	<b>T</b>	<b>U5 ECS Ring</b>	<b>1</b>	<b>U5 Almería - Borm</b>
<b>Saturday, November 23, 2024</b>	<b>9:30 AM</b>	<b>Cloyes</b>	<b>1-A</b>	<b>11</b>	<b>+</b>	<b>U5 ECS Bailey</b>	<b>3</b>	<b>U5 Borussia Dortmund - _ - M</b>
<b>Saturday, November 23, 2024</b>	<b>9:30 AM</b>	<b>Cloyes</b>	<b>1-B</b>	<b>11</b>	<b>+</b>	<b>U5 ECS Gagnon</b>	<b>2</b>	<b>U5 Bayer Leverkusen - Cunningham - M</b>
<b>Saturday, November 23, 2024</b>	<b>9:30 AM</b>	<b>Cloyes</b>	<b>1-C</b>	<b>11</b>	<b>+</b>	<b>U5 ECS Payne</b>	<b>1</b>	<b>U5 Almería - Borm</b>
<b>Saturday, November 23, 2024</b>	<b>10:30 AM</b>	<b>Cloyes</b>	<b>1-A</b>	<b>11</b>	<b>+</b>	<b>U5 ECS Ring</b>	<b>9</b>	<b>U5 ECS Viner</b>
<b>Saturday, November 23, 2024</b>	<b>12:30 PM</b>	<b>Cloyes</b>	<b>1-D</b>	<b>11</b>	<b>+</b>	<b>U5 Monchenglabach - Pennel - TH</b>	<b>OPEN</b>	
Monday, November 18, 2024						Registration begins for Spring		REGISTER.GermantownLegends.com

**Saturday, November 30, 2024** **Turkey Cup** [TurkeyCup.GermantownLegends.com](http://TurkeyCup.GermantownLegends.com)

Sunday, December 15, 2024 Early Bird registration ends  
**Wednesday, January 15, 2025** **TEAM & FRIEND Request Deadline\***  
**Thursday, January 30, 2025** **PRE-SEASON NEW PARENT MEETING**  
**Saturday, February 1, 2025** **LATE REGISTRATION begins**  
**Monday, February 3, 2025** **Pre-season 'Player' Training begins**

[RegistrationPolicies.GermantownLegends.com](http://RegistrationPolicies.GermantownLegends.com)

## GAME RULES FOR THE U5/U6 FUTURE LEGENDS

### Kicking is NOT Soccer.... KINS

The KINS Program’s main objective is to promote and emphasize the skill of DRIBBLING at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players’ ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.  
 The program’s second objective is to promote decision making by the players on the field and reduce their dependence on the adults for problem solving.

### NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.  
 The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restart might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to DRIBBLE, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach ROLLS a new ball into play (after a 5 count).

### IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.  
 Always **ROLL** the ball on the ground into the UNOCCUPIED space. Players will learn to move towards the ball.  
 Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.  
 Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.  
 Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.  
 After each goal, roll the ball on the ground to the OTHER team on their half of the field.  
 If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

C – Cancelled game; D - Day change; F – Field change; L- Location; O- New opponent; R – Rescheduled game; T – Time change; + Game added; \* Day time

DATE

TIME

CLOYES

FIELD

WEEK

AWAY (White)

HOME (Green/ Dark)

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
<b>LENGTH OF GAME</b>	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
<b>PLAYERS</b>	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
<b>GOALIES</b>	<b>NO</b> Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
<b>FOULS</b>	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
<b>OTHER</b>	All players play a minimum of <b>50%</b> . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. After each goal, roll the ball to the OTHER team from the sideline. As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward. Coaches may come on field during restarts for positioning, but <b>MUST EXIT THE FIELD BEFORE PLAY RESUMES.</b> NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. <b>SHARE</b> players if necessary.
<b>SAFETY</b>	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....

Just kicking the ball to escape pressure should NEVER be encouraged at this age.

How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).

Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.