

FUTURE LEGENDS GIRLS U6 (2019) 3v3... KINS

LA LIGA (Spain)

Germantown Legends Recreational Soccer (Division 4)

www.GermantownLegendsSoccer.com

For field status, check any one of the following:

<https://www.FACEBOOK.com/GermantownLegendsSoccer>

<https://TWITTER.com/GermantownSoc>

<https://www.INSTAGRAM.com/GermantownLegendsSoccer>

Official schedule found online... GAMES.GermantownLegends.com

KickingIsNotASoccerSkill.GermantownLegends.com

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TEAM

1 **GU6 Levante - Jackson - TU**

2 **GU6 Real Betis - Ghawji - TH**

3 **GU6 Red Star - Dorrough - M**

TEAM

4 **GU6 Valencia - Burns - TU**

5 **GU6 ECS Cockarell**

6 **GU6 ECS Cunningham**

DATE	TIME	CLOYES	FIELD	WEEK	AWAY (White)			HOME (Green/ Dark)
Week of August 12					REC Skills of the Week: PULLBACK, SIDEWAYS ROLL and TOE TAPS			
Week of August 19					REC Skills of the Week: REC Skills of the week: TICK TOCK and LA CROQUETA			
Wednesday, August 21, 2024	6:15 PM	Cloyes			REC New Parent Meeting			
Thursday, August 22, 2024	6:15 PM	Cloyes			REC Coaches' (& Managers) Meeting			
Saturday, August 24, 2024					SoccerFEST			SoccerFEST.GermantownLegends.com
Monday, August 26, 2024					Team Practices begin			
Week of August 26					REC Skills of the Week: PULLBACK, SIDEWAYS ROLL, TOE TAPS, TICK TOCK and LA CROQUETA			
Wednesday, August 28, 2024		Cloyes			REC Skills Club*			
Week of September 2					REC Skills of the Week: MARADONA and the SQUIRT			
Wednesday, September 4, 2024		Cloyes			REC Skills Club*			
Week of September 9					REC Skills of the Week: INSIDE CUT (Turn) and OUTSIDE CHOP (Turn)			
Wednesday, September 11, 2024		Cloyes			REC Skills Club*			
Saturday, September 14, 2024	10:30 AM	Cloyes	1-D	1	C	3	6 GU6 Red Star - Dorrough - M	6 GU6 ECS Cunningham
Saturday, September 14, 2024	12:30 PM	Cloyes	1-A	1	C	2	1 GU6 Real Betis - Ghawji - TH	1 GU6 Levante - Jackson - TU
Saturday, September 14, 2024	12:30 PM	Cloyes	1-C	1	C	4	5 GU6 Valencia - Burns - TU	5 GU6 ECS Cockarell
Week of September 16					REC Skills of the Week: CRUYFF (turn), ZIG ZAG and Intro to JUGGLING			
Wednesday, September 18, 2024		Cloyes			REC Skills Club*			
Saturday, September 21, 2024	9:30 AM	Cloyes	1-D	2	T	6	4 GU6 ECS Cunningham	1 GU6 Levante - Jackson - TU
Saturday, September 21, 2024	12:30 PM	Cloyes	1-A	2		3	1 GU6 Red Star - Dorrough - M	4 GU6 Valencia - Burns - TU
Saturday, September 21, 2024	12:30 PM	Cloyes	1-C	2		2	5 GU6 Real Betis - Ghawji - TH	5 GU6 ECS Cockarell
Week of September 23					REC Skills of the Week: BACKWARDS 'L' and ROLL-OVER & PULLBACK			
Wednesday, September 25, 2024		Cloyes			REC Skills Club*			
Saturday, September 28, 2024	12:30 PM	Cloyes	1-A	3	C	6	4 GU6 ECS Cunningham	4 GU6 Valencia - Burns - TU
Saturday, September 28, 2024	12:30 PM	Cloyes	1-B	3	C	2	3 GU6 Real Betis - Ghawji - TH	3 GU6 Red Star - Dorrough - M
Saturday, September 28, 2024	12:30 PM	Cloyes	1-C	3	C	1	5 GU6 Levante - Jackson - TU	5 GU6 ECS Cockarell
Week of September 30					REC Skills of the Week: SIMPLE FAKE/ SHOULDER FEINT and MATTHEWS			
Wednesday, October 2, 2024		Cloyes			REC Skills Club*			
October 4- 6					Silent Sideline Weekend			
Saturday, October 5, 2024	12:30 PM	Cloyes	1-A	4		4	1 GU6 Valencia - Burns - TU	1 GU6 Levante - Jackson - TU
Saturday, October 5, 2024	12:30 PM	Cloyes	1-B	4		5	3 GU6 ECS Cockarell	3 GU6 Red Star - Dorrough - M
Saturday, October 5, 2024	12:30 PM	Cloyes	1-C	4		6	2 GU6 ECS Cunningham	2 GU6 Real Betis - Ghawji - TH
October 7- 10					FUTURE LEGENDS (U5- U8) NIGHT GAMES WEEK 1			
Week of October 7					REC Skills of the Week: Juggling			
Wednesday, October 9, 2024					NO REC Skills Club			
NO GAME		5:30 PM	Cloyes	1-A	5	NG	5 GU6 ECS Cockarell	6 GU6 ECS Cunningham
Thursday, October 10, 2024	5:30 PM	Cloyes	1-B	5		1	3 GU6 Levante - Jackson - TU	3 GU6 Red Star - Dorrough - M
Thursday, October 10, 2024	5:30 PM	Cloyes	1-C	5		4	2 GU6 Valencia - Burns - TU	2 GU6 Real Betis - Ghawji - TH
October 14- 18					GMSD Fall Break			
Wednesday, October 16, 2024					NO REC Skills Club			
Saturday, October 19, 2024		CANCELED			SoccerFEST 2			CANCELED
Week of October 21					REC Skills of the Week: SCISSORS and PUSKAS (V-turn)			

DATE	TIME	CLOYES	FIELD	WEEK		AWAY (White) REC Skills Club*	HOME (Green/ Dark)
Wednesday, October 23, 2024							
Saturday, October 26, 2024	10:30 AM	Cloyes	1-D	6	T	6	GU6 ECS Cunningham
Saturday, October 26, 2024	12:30 PM	Cloyes	1-C	6		5	GU6 ECS Cockarell
Open - NO Game	1:30 PM	Cloyes	1-A				
Moved to November 7	5:30 PM	Cloyes	1-A	6	D/T	1	GU6 Levante - Jackson - TU
Week of October 28						REC Skills of the Week: ELASTICO and DRAG & GO	
Wednesday, October 30, 2024							
Thursday, October 31, 2024							
HALLOWEEN							

November 1-3							
Silent Sideline Weekend 2							
Saturday, November 2, 2024	1:30 PM	Cloyes	1-A	7	T	4	GU6 Valencia - Burns - TU
Saturday, November 2, 2024	1:30 PM	Cloyes	1-B	7	T	1	GU6 Levante - Jackson - TU
Saturday, November 2, 2024	1:30 PM	Cloyes	1-C	7	T	5	GU6 ECS Cockarell
TBD		Cloyes		10		3	GU6 Red Star - Dorrough - M
Week of November 4						REC Skills of the Week: BEARDSLEY and STOP & GO	

Wednesday, November 6, 2024							
Thursday, November 7, 2024							
Saturday, November 9, 2024	1:30 PM	Cloyes	1-A	8	C	4	GU6 Valencia - Burns - TU
Saturday, November 9, 2024	1:30 PM	Cloyes	1-B	8	C	3	GU6 Red Star - Dorrough - M
Saturday, November 9, 2024	1:30 PM	Cloyes	1-C	8	C	5	GU6 ECS Cockarell

Nov. 11-14							
FUTURE LEGENDS (U5- U8) NIGHT GAMES WEEK 2							
REC Skills of the Week: PREKI and ZICO							
Wednesday, November 13, 2024							
Thursday, November 14, 2024	5:30 PM	Cloyes	1-A	9		1	GU6 Levante - Jackson - TU
Thursday, November 14, 2024	5:30 PM	Cloyes	1-B	9		3	GU6 Red Star - Dorrough - M
Thursday, November 14, 2024	5:30 PM	Cloyes	1-C	9		2	GU6 Real Betis - Ghawji - TH
Saturday, November 16, 2024	1:30 PM	Cloyes	1-A	10	T	6	GU6 ECS Cunningham
Saturday, November 16, 2024	1:30 PM	Cloyes	1-B	10	T	3	GU6 Red Star - Dorrough - M
Saturday, November 16, 2024	1:30 PM	Cloyes	1-C	10	T	2	GU6 Real Betis - Ghawji - TH

Wednesday, November 20, 2024							
Wednesday, November 20, 2024	5:30 PM	Cloyes	1-A	9	+	1	GU6 Levante - Jackson - TU
Wednesday, November 20, 2024	5:30 PM	Cloyes	1-B	9	+	3	GU6 Red Star - Dorrough - M
Wednesday, November 20, 2024	5:30 PM	Cloyes	1-C	9	+		
Saturday, November 23, 2024	1:30 PM	Cloyes	1-A	11	T	1	GU6 Levante - Jackson - TU
Saturday, November 23, 2024	1:30 PM	Cloyes	1-B	11	T	6	GU6 ECS Cunningham
Saturday, November 23, 2024	1:30 PM	Cloyes	1-C	11	T	5	GU6 ECS Cockarell

Monday, November 25, 2024 Registration begins for Spring REGISTER.GermantownLegends.com

Saturday, November 30, 2024 Turkey Cup TurkeyCup.GermantownLegends.com

Saturday, December 14, 2024 2:00 PM CHRISTMAS PARADE PARADE.GermantownLegends.com

Sunday, December 15, 2024 Early Bird registration ends
Wednesday, January 15, 2025 TEAM & FRIEND Request Deadline* RegistrationPolicies.GermantownLegends.co
Thursday, January 30, 2025 6:15 PM TBD PRE-SEASON NEW PARENT MEETING
Saturday, February 1, 2025 LATE REGISTRATION begins

DATE

TIME

CLOYES

FIELD

WEEK

AWAY (White)

HOME (Green/ Dark)

Monday, February 3, 2025

Pre-season 'Player' Training begins

GAME RULES FOR THE U5/U6 FUTURE LEGENDS

Kicking is NOT Soccer.... KINS

The KINS Program's main objective is to promote and emphasize the skill of **DRIBBLING** at the U5 through U6 age groups, and discourage the aimless booting of the ball that is all too prevalent at these young ages. When young players are conditioned to just kick the ball forward as far as possible, their skill development is stunted, making it harder for them to reach their true potential.

DRIBBLING is the foundation and preparation for all the other fundamental skills of soccer, such as controlling, passing, and shooting. Laying the proper dribbling foundation at the youngest years will enhance the players' ability to improve all the soccer skills. No matter what level the players will end up playing, recreational or select, they will derive increased pleasure from the game if they can control the ball better and become more adept at manipulating it.

The spectators will also enjoy the game more if they can watch players who exhibit skill and creativity.

The program's **second objective** is to **promote decision making by the players** on the field and reduce their dependence on the adults for problem solving.

NEW BALL METHOD

The idea behind the 'new ball method' is to keep the flow of the game constant and increase the number of ball touches by all the players.

The 'new ball method' eliminates restarts such as throw-ins and corner kicks and keeps the ball in play continuously. Restarts might be important to the game results at the highest level of play, but they have NO relevance or developmental benefits at the U5 or U6 level.

Since the objective of the KINS Program is to teach players to **DRIBBLE**, every aspect of the traditional game that reduces the opportunity to dribble is removed. The basic principle of this method is that, when a ball goes out of bounds, the coach **ROLLS** a new ball into play (after a 5 count).

IMPLEMENTING THE KINS PROGRAM:

When a ball goes out of bounds, the coach yells "new ball!" and ROLLS a new one in. The players will learn quickly to react to the new ball.

Always **ROLL the ball on the ground into the UNOCCUPIED space**. Players will learn to move towards the ball.

Do NOT throw the ball in the air since the players are not yet skilled enough to control a bouncing ball.

Count to 5 (to yourself... 1 Mississippi, 2 Mississippi, etc.) before putting a 'new ball' into play.

Coaches can also use this method to get the non-assertive players involved, by rolling the ball towards them. This will help bring them out of their shell. If the players are really shy, simply place the ball at their feet.

After each goal, roll the ball on the ground to the OTHER team on their half of the field.

If one team is dominating the game, the advantage can be shifted to the other team by throwing the ball accordingly.

This method can also be used to break up a 'beehive'. If all the players are bunched up around the ball, shout "new ball" and throw one into the open space.

Remember to always praise the players for every attempt... acknowledging the soccer skill used (if possible). Keep them excited and motivated.

TOPIC	RULES FOR U5/ U6 (KINS)
LENGTH OF GAME	Four 8-minute Quarters, with a minimum of a 2 minute break between each quarter, and 5 minutes at half.
PLAYERS	3v3.... Three on the field at one time from each team, maximum 6 players per roster. May play 2v2 or 2v3
GOALIES	NO Goalkeepers. Players can defend but are not allowed to stand in front of the goal regardless of where the ball is in the field. Players are encouraged to attack and defend as a team.
FOULS	No penalty kicks...just award ball to other team NO sliding. Play on when hand ball occurs unless blatantly obvious
OTHER	All players play a minimum of 50% . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime. After each goal, roll the ball to the OTHER team from the sideline. As it is NOT age appropriate, never throw the ball into the air. TWO goals of these age group: 1. Positive first touch 2. Ability to dribble Goal differential: Differentials of 3- 4 goals, teams should start getting creative by asking players to do certain moves before dribbling towards the goal, moving team up the field to begin play, dribbling the ball into the defensive side of the field before going forward.

DATE	TIME	CLOYES	FIELD	WEEK	AWAY (White)	HOME (Green/ Dark)
Coaches may come on field during restarts for positioning, but MUST EXIT THE FIELD BEFORE PLAY RESUMES. NO results are being recorded, NO league standings, or win/loss/tie records, this league exists for beginning player development. SHARE players if necessary.						
SAFETY	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable. NO heading. (US Soccer does NOT recommend heading until a player reaches the U12 age group.)					

Players, especially at this age, should be encouraged to **dribble, dribble, dribble**,.....
 Just kicking the ball to escape pressure should NEVER be encouraged at this age.
 How many times a game do your young players attempt to **dribble into space**, away from pressure? ...versus just kicking the ball (to the other team).
 Instead of suggesting a 'kick', why not attempt a soccer skill or move,..... Pull-back, V, Scissors, Cryuff, Step-over, Simple fake, etc.